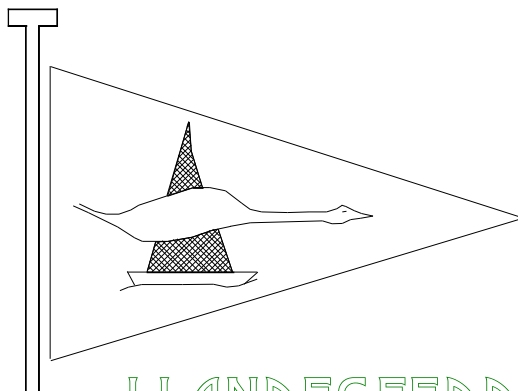


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June NEWS

LLANDEGFEDD SAILING CLUB

Training notes

Commodore's Letter

Congratulations are due to the following long list of sailors who have completed the first stages of learning to sail.

The weather was not kind, but we just had sufficient wind each day, if not enough sun. It did get warmer the day we held the capsized drills, so no-one froze completely!

Optimists

Catherine Massey, Emily Osbourne, Amy Illiffe, Zoe Illiffe, Anna Clarke, Maddie Stanley, Liam Nolan, Megan Evans, George Evans, Joshua Worthy, Rachael Tilley, Alex Woolley, Meredudd Harris, Charles Bainbridge,

Toppers

Charlotte Clarke
Lucy Nolan, Sophie Nolan,
Nicola Woolley, Danielle Woolley, Ryan Purchase,

Adults

Helen Hilder
Stuart Evans, David Baylis,
Julie Woolley, Michael Woolley, Elizabeth Swain,
Dawn Harris, Deborah Bainbridge,

The Adults sailed Bosuns, Enterprises, the 420 and Toppers once the youths were removed from them!

We hope that you enjoyed yourselves and will continue to sail.

To follow on from the introductory training, and our June Race Coaching, we run a fun series during July. Races are on three Sundays in July, 6th, 13th, 20th.

As ever, this series has a name;

Jolly July Series

Full details are overleaf.

Before we get to July, we have the last weekend of June to enjoy. This has a very different format from most racing days.

Saturday 28th June

We are racing on Saturday so that the Sunday is clear for the Open Meeting. Saturday is now going to have the STANDARD race series, Summer Stakes races 10, 11 and 12. The First race is 13:30 and is a 45 minute pursuit.

Novice Race

At the end of the afternoon, 16:05, we are to have a NOVICE race where any of this year's trainees are encouraged to sail. No special racing competence is required, apart from what you have already displayed during the courses in May. Coaching will be provided to encourage people around the course. Bring your sailing gear and a towel etc.

Barbecue

After racing has finished, the Barbecue should be up to temperature. (We have a fine selection of large BBQs to be fast enough for a large number).

Bring your own MEAT (or alternatives) and DRINK. The club will have salads and things. If you want to assist have a word with Judith please.

Presentation of Certificates

We will be proud to hand out the RYA certificates for everyone on the course. This will be about the time we have all eaten. Time varies, but assume between 18:30 and 19:00 as a first approximation.

Sunday 29th June

No club racing – but there is nothing to stop you sailing on your own or with friends.

We are hosting an Open Meeting on behalf of the Solo and Enterprise Class Associations. First Race is 11:00. We expect visitors from around the UK and they normally show our club members how to sail. For the first time in many years, we do not have a club entry – Alan and Judith have now sold their wooden Enterprise for a new-fangled glass-fibre RS200.

The Notice of Race is on the Club website – tell your friends in other clubs and bring them here to race!

Gareth Edwards

Training

Youth Squad

There will be race training sessions run by Bill and Phil on the following Sundays, 10:00 to 12:30.

- July 5
- August 24
- September 7 & 21

With a charge of £2 per session to help cover fuel costs etc.

Other Training

Keep asking, keep checking the web site and notice-boards!

Co-ordinator

Keith is co-ordinator for all training this year. As a newly fledged Instructor we need to keep him busy!

Llandegfedd CYRC

As this newsletter goes to press, there is little concrete information available to your scribe about the Youth Open meeting we held a week ago. (14 June) Information available is;

- The sun shone and there was glorious weather
- Lots of boats came
- Nearly everyone in the club seems to have been first or second, one assumes in different classes.
- The Stanley girls were BOTH second in Optimists – one in Gold fleet, the other in Silver.
- We had enough helpers and power boats
- There were strawberries and cream for tea
- Bacon Rolls were in demand for breakfast, and sold like hotcakes until all gone
- Lots of sailors and their parents enjoyed themselves, and the Llandegfedd reputation as a place for good sailing must have been improved.

I hope that we will be able to put results on the web site and notice-boards soon.

Andy

Jolly July Series

The purpose of this series is to encourage people who have never raced before to take part in racing. The July racing isn't very serious, and we hope that lots of people of all ages and with all types of boats will take part.

Each week there will be a **BEACHMASTER**, who will be easily identified because he or she will be carrying an umbrella.

The first race will start at 1.30pm. The beachmaster will be at the OD hut by 1.15pm. He (or she) will watch the first race with you. He'll try to explain what the competitors are doing, and why. It will be a pursuit race, which is really the easiest type of race for novices to try, and he will explain the mysteries of a pursuit race.

At the end of the first race, all the competitors will come ashore. The beachmaster will allocate a partner to each novice. If you want to sail a double handed boat, we'll try to get a more experienced person to helm or crew the boat with you. If possible, the experienced member will sail with you in your boat. You may end up crewing for the more experienced sailor.

If you sail a single handed boat, we'll give you a partner. He (or she) will sail close to you, but behind you, and so will help you over the starting line and round the course. The race officer will decide the length of the race, and may run more than one race in this format.

The last race of the day will see all competitors in teams of two boats of similar speeds. Until the last lap, the experienced sailor will sail behind the new sailor, and will try to help you sail more efficiently. In the last lap, the experienced sailor will sail as fast as he can, if he wants. Each boat will be given a position, and the team that wins is the team with the best combined score.

We'll explain it on the day, and I hope everyone understands it then!

Gareth Edwards

Race Coaching

The race coaching sessions will close on Sunday 22nd June. Whilst there is enthusiasm from those present, there are not very many there! Perhaps the club racers do not want to improve their sailing skills? Perhaps it's a cunning form of competition whereby the coaches lose their Sunday Lie-in and will sail slower in the afternoon so everyone else can beat them?

Comments invited

Work list

We now have the work list up and running. There is a board on the wall just next to the "back room" with the training equipment. ANY-one can place a job there that they have identified. Even better, we hope that EVERY-one will pick up a card from there and get stuck into a job. Share the Load.

Please have a look every now and again, so we can share the load. **There is quite a list there at the moment.**

Martin